

# Psychological Support

Reproductive Medicine and Gynecological  
Endocrinology (RME)



# Dear patients,

Couples with difficulty conceiving can experience a profound crisis. It is common that couples feel overwhelmed, sad, ashamed and hopeless, which may be detrimental to the relationship.

Every couple deals with this challenge in a different way.

In addition to medical infertility treatments, the RME offers personalized psychological support from psychologists and specialists in psychosomatic gynecology. We invite you to take advantage of this service, either in the form of a one-time assessment in advance of planned treatment or in the form of ongoing psychologic support during therapy.



# Our services

In individual counseling sessions or couple conversations we care for you:

- in times of difficult decisions regarding potential treatments
- when dealing with an unsuccessful therapy attempt
- during prolonged therapy cycles
- but also when faced with the prospect of a future without children
- in an acute crisis
- as a one-time psychological assessment
- for longer-term support needs

Upon request, we can also refer you to various outpatient psychotherapists outside the RME.

## Contact/Registration

The consulting team consists of Dr. phil. Verena Ehrbar, who offers appointments in the RME, and other psychologists and doctors of the gynecological social medicine and psychosomatic department of the gynecological clinic in the main campus. The appointments are covered under the basic plan of your health insurance.

If you want to schedule an appointment, you are welcome to contact Dr. phil. Verena Ehrbar directly, or you can approach a member of the medical/nursing team of the RME



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