

Kardio Update

Herzzentrum

HFpEF

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Referent: Prof. Otmar Pfister

Summary

- There is a lack of unity in diagnosing HFpEF. A universal definition of diagnostic criteria remains to be established
- So far there is no proven therapy except of regular exercise
- Therapies that might work: Spironolactone, Neprilysin-inhibition, SGLT2 inhibition, interatrial shunt device
- HFpEF is a heterogeneous disorder associated with comorbidities. Future therapeutic strategies should be tailored to specific HFpEF phenotypes