



Midwife-led Delivery

Caring, experienced support for natural birth

Dear Expectant Parents

Pregnancy, birth and the postpartum period are natural and physiologic events, which in many cases do not need any intervention. Some pregnant women wish to give birth exclusively with a midwife, but at the same time desire the safety and security of a hospital setting.

The hospital midwife-led birth is an established care method in other countries and its advantages have been shown in internationally conducted studies. In Switzerland, this opportunity is relatively new.

If you are interested in having a midwife-led birth at the University Hospital of Basel, we offer counseling sessions around the 36th week of pregnancy, during which the possibility will be explored with you and all your questions can be answered.

A midwife-led delivery is possible if:

- You are healthy
- Your pregnancy has been uncomplicated
- You have had a counseling session and have been informed about the aspects and criteria for a midwife-led birth

What is a midwife-led birth?

During a midwife-led birth, you will be cared for and supported exclusively by a midwife during the natural birth process. You will receive individual attention and your personal needs met as best as possible. The midwife will monitor the natural progress of labor and intervene only when necessary.

Take advantage of a midwife-led birth with the safety and security of our university hospital.

Labor and delivery take place in the birthing rooms of the Labor Ward. This location allows us to quickly involve a doctor in your care – whether it be an obstetrician, anesthesiologist or neonatologist – should the need unexpectedly arise. The well-established cooperation between these different departments enables a high, round-the-clock level of safety for you and your baby.

If you are interested or have questions, we would be happy to speak to you and can be contacted at tel. +41 (0)61 328 63 81 (Midwife on duty, Women`s Ambulatory Clinic of the University Hospital of Basel).

We wish you and your family all the best and would be pleased to accompany you during the birth of your child.

The Team of the Labor Ward

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