


## **Four versus six weeks of antibiotic therapy for osteoarticular infections after implant removal: a randomized trial**

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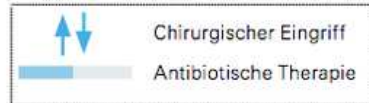
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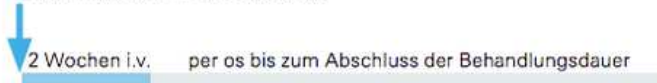
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### 3.2 Therapeutischer Ablauf anhand der verschiedenen chirurgischen Optionen



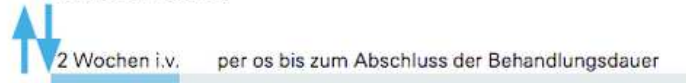
#### 1. Débridement mit Prothesenerhalt

Débridement, Prothesenerhalt\*



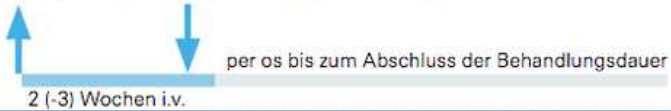
#### 2. Einzeitiger Wechsel

Prothesenwechsel\*



#### 3. Zweizeitiger Wechsel mit kurzem Intervall

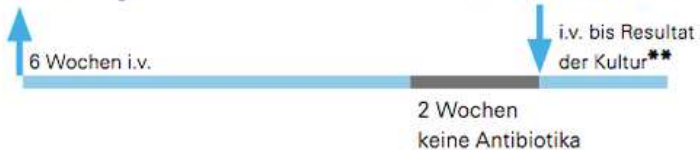
Entfernung\*    Wiedereinbau der Prothese



#### 4. Zweizeitiger Wechsel mit langem Intervall

Entfernung\*

Wiedereinbau der Prothese



\* Biopsie-Entnahme für Mikrobiologie.

\*\* Falls negativ, Antibiotika stoppen.

# Methods

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- Single-centre
  - Prospective, unmatched, unblinded, randomized, interventional study
  - March 2015 – March 2018
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# Methods

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- Inclusion criteria:
    - $\geq 18$  years
    - First episode of infection
    - Having undergone complete removal of the infected implant without immediate re-osteosynthesis
  - Exclusion criteria:
    - Recurrent infection
    - Allergies to multiple antibiotics
    - Primary native joint septic arthritis
    - Left-side endocarditis
    - Incomplete debridement or persistent foreign material in the infected area
    - Long-lasting antibiotic therapy: mycobacteria, fungi, brucellosis, nocardiosis, mycoplasma
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# Methods

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- primary outcome: remission of infection at the operative site
  - secondary outcome: occurrence of any adverse events related to antibiotic therapy
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# Results

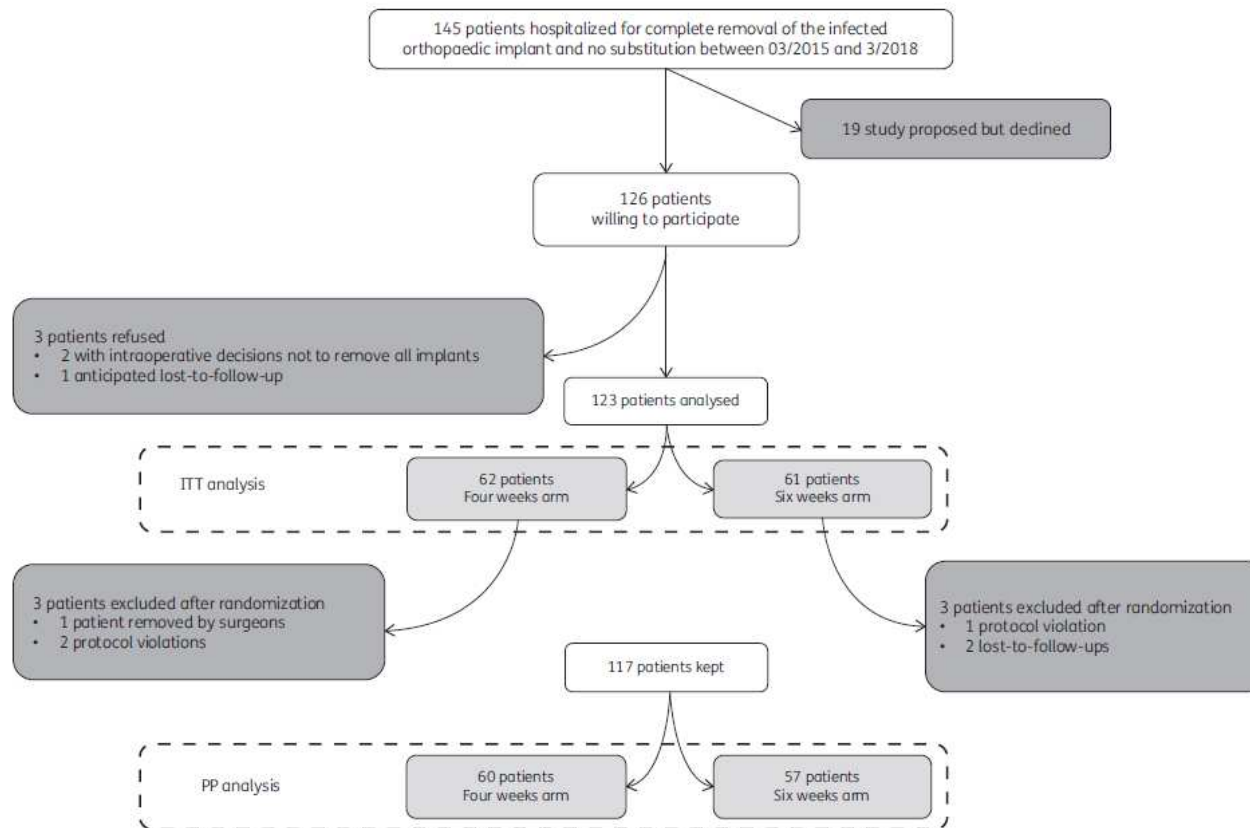


Figure 1. Study flow chart of patients.

# Results

<b>ITT analysis</b>	<b>Six weeks</b>	<b>Four weeks</b>	<i>p</i> -	<b>PP analysis</b>	<b>Six weeks</b>	<b>Four weeks</b>	<i>p</i> -
n = 123	n = 61	n = 62	value *	n = 117	n = 60	n = 57	value *
Female sex	23 (37%)	25 (41%)	.67	Female sex	20 (35%)	25 (42%)	.47
Median age	65 years	62 years	.27	Median age	63 years	63 years	.36
Immune suppression <sup>+</sup>	18 (29%)	20 (33%)	.65	Immune suppression <sup>+</sup>	15 (26%)	20 (33%)	.41
Bacteraemia	8 (13%)	4 (7%)	.24	Bacteraemia	7 (12%)	4 (7%)	.30
Median ASA-Score <sup>16</sup>	2	2	.13	Median ASA-Score <sup>16</sup>	2	2	.22
Psychiatric co-morbidity	25 (40%)	24 (39%)	.91	Psychiatric co-morbidity	22 (39%)	24 (40%)	.88
Haematogenous origin of infection	9 (15%)	7 (11%)	.62	Haematogenous origin of infection	9 (15%)	7 (12%)	.52
Primary surgical site infections	23 (38%)	19 (31%)	.53	Primary surgical site infections	22 (37%)	18 (32%)	.36
Serum CRP level on admission (median)	37 mg/L	23 mg/L	.24	Serum CRP level on admission (median)	42 mg/L	23 mg/L	.35

# Results

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<b>Origin of infection</b>	Surgical site infection	42 (34%)
	Community-acquired infection	64 (52%)
	Haematogenous seeding	16 (13%)
	unknown	1
<b>Types of implants and associated surgeries</b>	Two-stage exchange for prosthetic joint infection	39
	Metal plate infection	44
	Intramedullary nail infection	11
	Infection of other osteosyntheses	30

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# Results (ITT)

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	Four weeks arm N=62	Six weeks arm N=61	P-value
<b>Recurrence of clinical infection</b> Recurrence after median 55 days	4 (6.5%)	3 (4.9%)	0.74 1.5% (-9.8% to +6.8%)
<b>Microbiological recurrence</b>	2 (3.2%)	1 (1.6%)	0.57
<b>Subgruppen</b> Type of infection (explanted arthroplasties, plates, nails) Pathogen groups (Gram-negatives, staphylococci, streptococci, skin commensals)			Not significant Not significant
<b>Adverse Events</b> 23 episodes (18.7%)			Not significant

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# Results

<i>Pathogen group</i>	<b>Six weeks</b>		<b>Four weeks</b>	
	<i>Parenteral antibiotics</i>	<i>Oval antibiotics</i>	<i>Parenteral antibiotics</i>	<i>Oval antibiotics</i>
MSSA, n=42	Flucloxacillin (n=4) Cefazolin (n=3) Co-amoxiclav (n=4) Cefuroxim (n=3) Daptomycin (n=1)	<i>Co-trimoxazole</i> (n=3) <i>Clindamycin</i> (n=8) <i>Quinolones</i> (n=8) <i>Beta-lactams</i> (n=4) <i>Rifampicin</i> (n=3)	Flucloxacillin (n=3) Cefazolin (n=3) Co-amoxiclav (n=3) Cefuroxim (n=1) Daptomycin (n=0)	<i>Co-trimoxazole</i> (n=3) <i>Clindamycin</i> (n=10) <i>Quinolones</i> (n=5) <i>Beta-lactams</i> (n=6) <i>Rifampicin</i> (n=3)
Streptococci, n=14	Cefuroxim (n=3) Ampicillin (n=2) Vancomycin (n=2)	<i>Levofloxacin</i> (n=2) <i>Clindamycin</i> (n=2) <i>Ampicillin</i> (n=1)	Cefuroxim (n=1) Ampicillin (n=2) Vancomycin (n=1)	<i>Levofloxacin</i> (n=2) <i>Clindamycin</i> (n=2) <i>Ampicillin</i> (n=3)
Gram-negatives, n=28	Cephalosporins (n=5) Carbapenems/tazobactam (n=3)	<i>Quinolones</i> (n=8) <i>Co-trimoxazole</i> (n=3)	Cephalosporins (n=3) Carbapenems/tazobactam (n=2)	<i>Quinolones</i> (n=10) <i>Co-trimoxazole</i> (n=2)
Skin commensals <sup>a</sup> , n=43	Vancomycin/daptomycin (n=8) Aminopenicillins (n=7) Cephalosporins (n=9)	<i>Ampicillin</i> (n=4) <i>Clindamycin</i> (n=2) <i>Quinolones</i> (n=8) <i>Tetracyclines</i> (n=9) <i>Rifampicin</i> (n=5)	Vancomycin/daptomycin (n=6) Aminopenicillins (n=4) Cephalosporins (n=3)	<i>Ampicillin</i> (n=3) <i>Clindamycin</i> (n=6) <i>Quinolones</i> (n=6) <i>Tetracyclines</i> (n=8) <i>Rifampicin</i> (n=3)

<sup>a</sup>Skin commensals = coagulase-negative staphylococci, micrococci, corynebacteria, or cutibacteria

# Two weeks versus four weeks of antibiotic surgical drainage for native joint bacterial arthritis: a prospective, randomised, trial

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## ABSTRACT

**Objective** The optimal duration of postsurgical antibiotic therapy for adult native joint bacterial arthritis remains unknown.

**Methods** We conducted a prospective, unblinded, randomised, non-inferiority study comparing either 2 or 4 weeks of antibiotic therapy after surgical drainage of native joint bacterial arthritis in adults. Excluded were implant-related infections, episodes without surgical lavage and episodes with a follow-up of less than 2 months.

**Results** We enrolled 154 cases: 77 in the 4-week arm and 77 in the 2-week arm. Median length of intravenous antibiotic treatment was 1 and 2 days, respectively. The median number of surgical lavages was 1 in both arms. Recurrence of infection was noted in three patients (2%): 1 in the 2-week arm (99% cure rate) and 2 in the 4-week arm (97% cure rate). There was no difference in the number of adverse events or sequelae between the study arms. Of the overall 154 arthritis cases, 99 concerned the hand and wrist, for which an additional subgroup analysis was performed. In this per-protocol subanalysis, we noted three recurrences: one in the 2-week arm (97% cure); two in the 4-week arm (96% cure) and witnessed sequelae in 50% in the 2-week arm versus 55% in the 4-week arm, of which five (13%) and six (13%) needed further interventions.

**Conclusions** After initial surgical lavage for septic arthritis, 2 weeks of targeted antibiotic therapy is not inferior to 4 weeks regarding cure rate, adverse events or sequelae and leads to a significantly shorter hospital stay, at least for hand and wrist arthritis.

**Trial registration number** NCT03615781.

# Discussion

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- No difference in outcomes between 4 and 6 weeks
    - Änderung der Therapiedauer bei uns?
    - Optimale Therapiedauer weiterhin unbekannt!
  - Clinical remission rate 94-98%
    - unerwartet hoch?
  - Kurze intravenöse Therapiedauer von 4 Tagen
    - Anpassung bei uns möglich?
  - Median follow-up 2.2 years, 8 % <1 year
    - Standard wäre min. 2 Jahre
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