



# Journal Club 06.01.2020

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## **$\beta$ -Lactam pharmacodynamics in Gram-negative bloodstream infections in the critically ill**

**Gloria Wong<sup>1,2\*</sup>, Fabio Taccone<sup>3</sup>, Paola Villois<sup>3</sup>, Marc H. Scheetz <sup>4-6</sup>, Nathaniel J. Rhodes<sup>4-6</sup>, Scott Briscoe<sup>7</sup>, Brett McWhinney<sup>7</sup>, Maria Nunez-Nunez<sup>8</sup>, Jacobus Ungerer<sup>7,9</sup>, Jeffrey Lipman<sup>1,2,10</sup> and Jason A. Roberts <sup>1,2,10,11</sup>**

<sup>1</sup>UQ Centre for Clinical Research, The University of Queensland, Brisbane, Queensland, Australia; <sup>2</sup>Royal Brisbane and Women's Hospital, Brisbane, Queensland, Australia; <sup>3</sup>Department of Intensive Care, Erasme Hospital, Université Libre de Bruxelles, Brussels, Belgium; <sup>4</sup>Department of Pharmacy, Northwestern Memorial Hospital, Chicago, IL, USA; <sup>5</sup>Department of Pharmacy Practice and Pharmacometrics Center of Excellence, Midwestern University, Chicago College of Pharmacy, Downers Grove, IL, USA; <sup>6</sup>Department of Pharmacology, College of Graduate Studies, Midwestern University, Chicago College of Pharmacy, Downers Grove, IL, USA; <sup>7</sup>Chemical Pathology, Pathology Queensland, Brisbane, Queensland, Australia; <sup>8</sup>Department of Pharmacy and Department of Infectious Diseases, University Hospital San Cecilio, Granada, Spain; <sup>9</sup>Faculty of Medicine, University of Queensland, Brisbane, Queensland, Australia; <sup>10</sup>Division of Anaesthesiology Critical Care Emergency and Pain Medicine, Nimes University Hospital, University of Montpellier, Nimes, France; <sup>11</sup>Centre for Translational Anti-infective Pharmacodynamics, School of Pharmacy, The University of Queensland, Brisbane, Queensland, Australia

\*Corresponding author. E-mail: gloria.wong@alumni.utoronto.ca

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# Hintergrund

- Bloodstream Infections (BSI) assoziiert mit hoher Mortalität in kritisch kranken Patienten

Schwab F et al, ICU mortality following ICU acquired BSI, PLOS One 2018

- Effizienz von B-laktam Antibiotika korreliert mit der Zeit der Antibiotikakonzentration über der MIC
  - In vitro- und Tierstudien; abhängig von der B-Laktam Subklasse ein PK/PD Index von mind. 30-60%  $fT > MIC$  für bakteriziden Effekt notwendig ist
  - Einige Reports beschreiben, dass Talkonzentrationen gewisser Antibiotika bis 5-6 x  $> MIC$  mit einem besseren Outcome assoziiert sind

# Ziel der Studie

- Im Kontext von gramnegativen BSI ist unklar welcher PK/PD Index für B-Laktame optimal in kritisch kranken Patienten ist
- Ziel: PD der B-Laktame in kritisch kranken Patienten mit gramnegativer BSI zu untersuchen und zu definieren welcher PK/PD Index  $>$  MIC mit einem besseren Outcome assoziiert ist

# Patientenselektion

- Retrospektive Studie
- 2 Datensets (prospektive datasets)
  - TDM database from the ICUs within Erasme Hospital in Belgium
  - TDM database from the Royal Brisbane and Women's hospital
- Einschlusskriterien
  - Dokumentierte BSI welche durch 1 Pathogen verursacht
  - Aufenthalt auf ICU
  - Alter > 18
- Ausschlusskriterien
  - RRT
  - Polymikrobielle BSI
  - CF- und Verbrennungspatienten (belgische Database)

# Endpunkt

**Table 1.** Definitions of clinical outcomes

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Clinical outcome	
Positive clinical outcome	Completion of treatment course without change or addition of antibiotic therapy, and with no additional antibiotics commenced within 48 h of cessation. De-escalation to a narrower-spectrum antibiotic was permitted.
Negative clinical outcome	Any clinical outcome other than positive clinical outcome.

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# Resultate

- 98 Patienten in Studie eingeschlossen

**Table 2.** Demographics and clinical characteristics of patients studied

Characteristic	Overall (N = 98)	Positive outcome (N = 78) <sup>a</sup>	Negative outcome (N = 20) <sup>a</sup>
Age (years), mean ± SD	59 ± 16	59 ± 16	57 ± 17
Male sex, n (%)	67 (68.4)	53 (67.9)	14 (70.0)
BMI (m <sup>2</sup> /kg), mean ± SD <sup>b</sup>	26.7 ± 5.5	26.8 ± 5.8	26.4 ± 4.3
APACHE II score, mean ± SD	21 ± 7	21 ± 7	20 ± 8
Measured CL <sub>CR</sub> (mL/min), median (IQR) <sup>c</sup>	77.5 (4–402)	92.0 (49.3–120.5)	103 (50.3–132.4)
Augmented renal clearance, n (%) <sup>d</sup>	22 (22.4)	16 (20.5)	6 (30.0)

<sup>a</sup>No significant difference between groups ( $P > 0.5$ ).

<sup>b</sup>Data only available for 79 patients.

<sup>c</sup>Based on 24 h urinary CL<sub>CR</sub>.

<sup>d</sup>Defined as CL<sub>CR</sub> >130 mL/min.

# Pathogene und MICs

**Table 3.** Microbiological pathogens of BSI (N= 98) and MICs of corresponding  $\beta$ -lactams

Pathogen	n (%)	MIC (mg/L), median (range)					
		TZP	MEM	CAZ	CRO	ATM	FEP
<i>Acinetobacter baumannii</i>	1 (1.0)	64	—	—	—	—	—
<i>Citrobacter koseri</i>	2 (2.0)	1.5	0.012	—	—	—	—
<i>Enterobacter aerogenes</i>	4 (4.1)	—	1.125 (0.25–6)	—	—	—	—
<i>Enterobacter cloacae</i>	9 (9.2)	3 (2–8)	0.157 (0.016–0.25)	—	—	—	—
<i>E. coli</i>	28 (28.6)	3 (1.5–8)	0.023 (0.016–0.25)	0.19 (0.125–0.25)	1.5 (1–2)	—	—
<i>Klebsiella oxytoca</i>	5 (5.1)	8	0.032 (0.032–0.064)	0.064	—	—	—
<i>K. pneumoniae</i>	13 (13.3)	4 (1.5–8)	0.023 (0.016–48)	—	—	—	—
<i>Klebsiella</i> spp.	2 (2.0)	4	0.25	—	—	—	—
<i>Morganella morganii</i>	3 (3.1)	1.5	0.0785 (0.032–0.125)	—	—	—	—
<i>P. aeruginosa</i>	19 (19.4)	8 (2–256)	4.25 (0.012–48)	5.5 (1.5–32)	—	18 (12–24)	132 (8–256)
<i>Proteus mirabilis</i>	9 (9.2)	0.75 (0.25–1)	0.064 (0.032–0.125)	—	—	—	—
<i>Proteus vulgaris</i>	1 (1.0)	—	0.064	—	—	—	—
<i>Serratia liquefaciens</i>	1 (1.0)	4	—	—	—	—	—
<i>Serratia marcescens</i>	1 (1.0)	—	0.064	—	—	—	—

TZP, piperacillin/tazobactam; MEM, meropenem; CAZ, ceftazidime; CRO, ceftriaxone; ATM, aztreonam; FEP, cefepime.

# PK/PD Data, Clinical Outcome

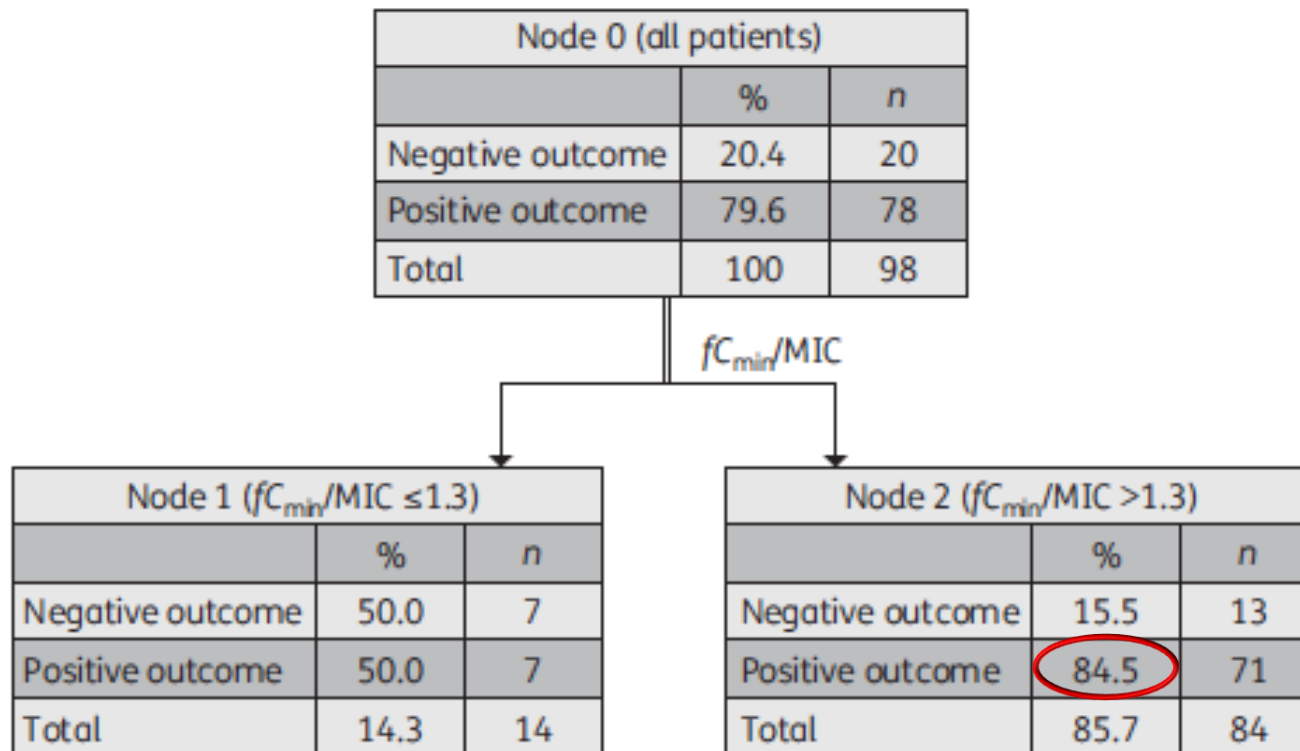
**Table 4.** PK/PD index and clinical outcome for studied  $\beta$ -lactam antibiotics in critically ill patients treated for Gram-negative BSI

Antibiotic, n (%)	Daily dose (g), median (IQR)	$fC_{\min}/MIC$ ratio, n (%)			Positive clinical outcome, n (%)
		<1	1-5	>5	
Aztreonam, 2 (2.0)	7.0 (6.0-5.0)	—	—	2 (100.0)	2 (100.0)
Ceftazidime, 10 (10.2)	6.0 (4.0-12.0)	—	3 (30.0)	7 (70.0)	7 (70.0)
Cefepime, 2 (2.0)	6.0 (6.0-6.0)	2 (100.0)	—	—	0 (0.0)
Ceftriaxone, 2 (2.0)	3.0 (2.0-4.0)	—	—	2 (100.0)	2 (100.0)
Meropenem, 46 (46.9)	3.0 (2.0-6.0)	3 (6.5)	4 (8.7)	39 (84.8)	42 (91.3)
Piperacillin/tazobactam, 36 (36.7)	16.0 (8.0-16.0)	7 (19.4)	9 (25.0)	20 (55.6)	25 (69.4)
Overall (N=98)		12 (12.2)	16 (16.3)	70 (71.4)	78 (79.6)

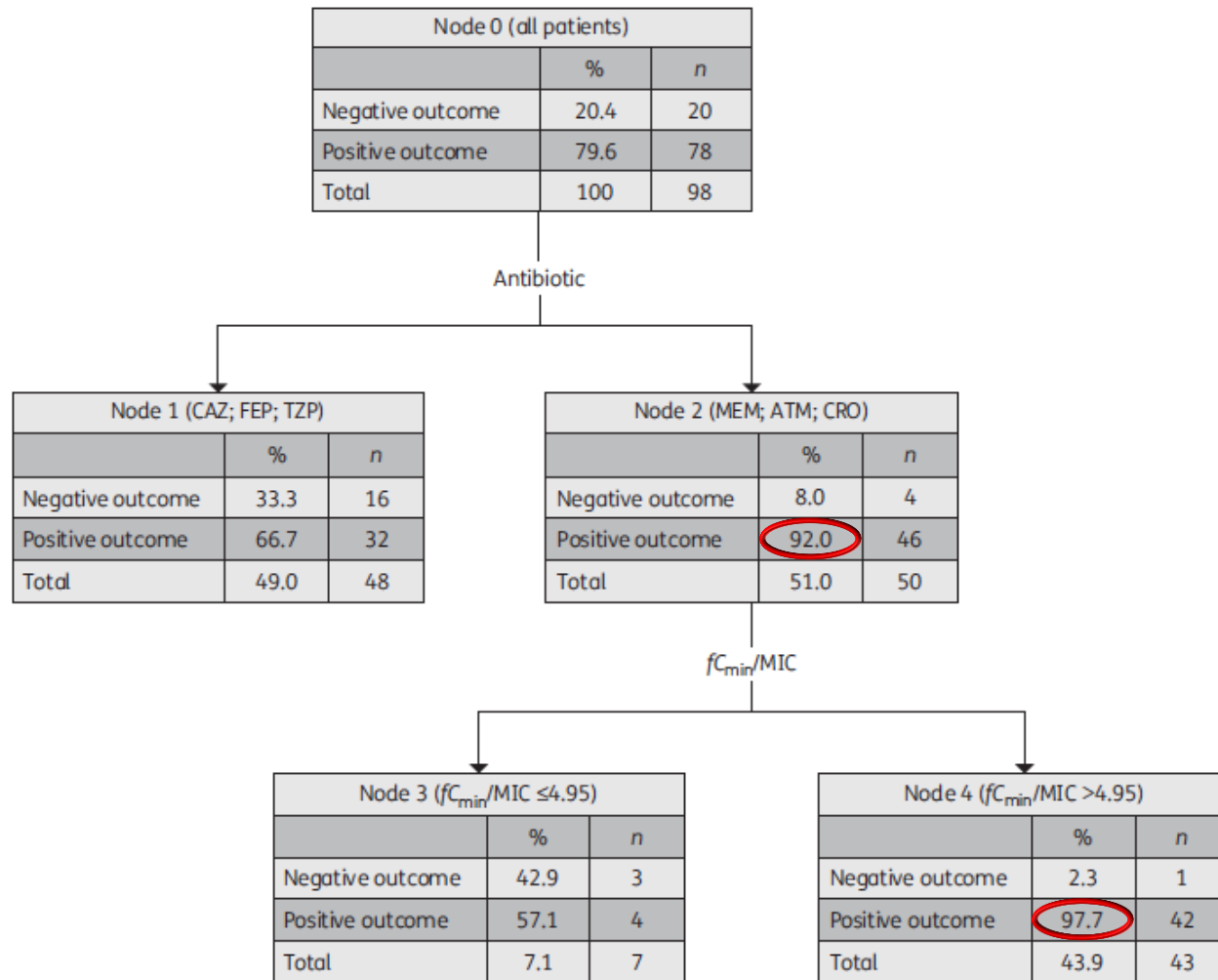
PK/PD outcome was measured in terms of the ratio of unbound trough ( $fC_{\min}$ ) to MIC for the pathogen of corresponding  $\beta$ -lactams.



# CART Analyse



**Figure 1.** CART analysis for association of the  $fC_{min}/MIC$  with positive clinical outcome in all studied patients ( $N=98$ ;  $P<0.05$ ). Positive outcome was associated with an  $fC_{min}/MIC$  ratio of  $>1.3$ .



**Figure 2.** CART analysis for association of the  $fC_{min}/MIC$  ratio with positive clinical outcome in patients, according to  $\beta$ -lactam antibiotics received. Positive clinical outcome is associated with a significantly higher  $fC_{min}/MIC$  ratio of  $>4.95$  in patients who received meropenem, aztreonam or ceftriaxone ( $N=50$ ;  $P<0.05$ ). CAZ, ceftazidime; FEP, cefepime; TZP, piperacillin/tazobactam; MEM, meropenem; ATM, aztreonam; CRO, ceftriaxone.

# Schwachstellen der Studie

- Kleine Fallzahl, wobei gemäss Autoren bisher die grösste Patientenzahl mit in-vivo Daten analysiert
- Signifikanz nur wenn mehrere Antibiotika zusammen analysiert (Meropenem/Aztreonam/Ceftriaxon alleine keine Signifikanz)
- Einige freie Konzentrationen errechnet und nicht gemessen
- Mikrobiologisches Outcome / Clearance der Bakteriämie nicht untersucht
- Keine Aussage über Fokus oder weitere Infektionsherde
- RRT als Ausschlusskriterium
- ...

Danke für eure Aufmerksamkeit!

# Diskussion